Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations



## THE PORT TALBOT WHEELERS CYCLING CLUB

(FOUNDED 1926)

## **PRESENT**

# THE PTW 10-MILE CYCLING TIME TRIAL



"The unofficial Veteran's World Championships"



Saturday, May 7<sup>th</sup>, 2022 starting at 14.17hrs on the R10/22A course

Headquarters - 'TRW' Sports Club (Resolven AFC), Resolven, SA11 4LD.

## **TIMEKEEPERS**

**NORMAN JAMES – OGMORE VALLEY WHS** 

**TUDOR THOMAS – BYNEA CC** 

**EVENT SECRETARY** 

ALF WILLIAMS
25 TAN-Y-GROES STREET
PORT TALBOT
SA13 1EL

07565 186291

Marshals and Catering - Members of the Port Talbot Wheelers

## **ORDER OF START**

No.	NAME	CLUB / TEAM	CAT	VET/STD	START
17	SHIRLEY HOWELL	PORT TALBOT WHS	LV55	, -	14:17
18	DIANE HYNAM	BYNEA CC	LV70		14:18
19	BETHAN OUSELEY	PEMBROKESHIRE VELO	LV45		14:19
20	ROBERT JONES	ARMY CYCLING	V46		14:20
21	EMMA DAVIES	PORT TALBOT WHS	LV53		14:21
22	MATT LLOYD-LEWIS	VELOFLOW CC	V45		14:22
23	KELLY EDWARDS	RHONDDA TRI CLUB	LV43		14:23
24	NEIL GREGORY	PORT TALBOT WHS	V55		14:24
25	GRAHAM ROGERSON	PORT TALBOT WHS	V52		14:25
26	OSIAN GRIFFITH	ACME WHS (RHONDDA) CC	V45		14:26
27	LES THOMAS	PORT TALBOT WHS	V60		14:27
28	SAM ADAMSON	CARDIFF AJAX CC			14:28
29	JONATHAN WILLIAMS	TOWY RIDERS CYCLE CLUB	V52		14:29
30	ROD HICKS	PORT TALBOT WHS	V57		14:30
31	HUW LLOYD	BYNEA CC	V61		14:31
32	ALAN TREMLETT	GUERNSEY VELO CLUB	V55		14:32
33	JASMINE BOWYER	CARDIFF AJAX CC	L		14:33
34	SEB TREMLETT	GUERNSEY VELO CLUB	27		14:34
35	MIKE HALL	PORT TALBOT WHS	V53		14:35
36	JASON COLE	PEMBROKESHIRE VELO			14:36
37	CHRIS WILLIAMS	CELTIC TRI			14:37
38	JOHN SHEHAN	PORT TALBOT WHS	V76		14:38
39	STEPHEN LANDEG	OGMORE VALLEY WHS	V68		14:39
40	PAUL HAYWARD	PONTYPOOL ROAD CC	V50		14:40
41	ANDREW JENKINS	BYNEA CC	V57		14:41
42	GARETH REES	CWMCARN PARAGON RC	V42		14:42
43	ROBERT SMITH	HAVERFORDWEST HORNETS	V46		14:43
44	STEPHAN WILCOX	PORT TALBOT WHS	V60		14:44
45	JOSH HOWE	VELOFLOW CC	RB		14:45
46	MATT JONES	PORT TALBOT WHS			14:46
47	SIMON KINSEY	VIRTUAL CC	V52		14:47
48	JOSHUA LEWIS	CWMCARN PARAGON RC			14:48
49	MIKE BROADBENT	PORT TALBOT WHS	V61		14:49
50	GRAEME BOSWELL	CARDIFF AJAX CC	V47		14:50
51	JEFFREY REES	VIRTUAL CC	V58		14:51
52	JOHN WILLIAMS	BYNEA CC	V69		14:52
53	DEREK DOWDESWELL	GLOUCESTER CITY CC	V67		14:53
54	HUGH DAVIES	PORT TALBOT WHS	V76		14:54
55	RHYS LLOYD	PORT TALBOT WHS	RB		14:55
56	STUART EVANS	PORT TALBOT WHS	V76		14:56
57	DEAN PROSSER	HEREFORD & DIST WHS	V52		14:57
58	JOHN ASPELL	PORT TALBOT WHS	V53		14:58
59	JAMES PHILLIPS	MILFORD TRITONS CC	V51		14:59
60	CHRIS GIBBARD	BYNEA CC	V40		15:00

### **R10/22A COURSE DESCRIPTION**

START on the Vale of Neath Supplier Estate service road opposite Lamp Post No. 18. Proceed eastwards along the service road to the Resolven Roundabout (0.458 miles). (Safety Notice:- Do not cross the centre line of the road on the right hand bend). Take the 1<sup>st</sup> exit left along A465 dual carriageway westbound to the 1st exit left (4.862 miles). Continue up the loop to the small Tonna Roundabout where take the 1st exit to the large Aberdulais Interchange. Take the 4<sup>th</sup> exit (5.505 miles) to proceed down the slip road to re-join A465 dual carriageway. Proceed eastbound to the Resolven Roundabout where take 1<sup>st</sup> exit left to FINISH at the access road to the Canal Car Park on the cross-valley link road (10.006 miles).

Start:- 282450 East 202250 North / Turn roundabout:- 277000 East 199000 North / Finish :- 282670 East 203100 North

#### NOTES TO ALL COMPETITORS

Please do not park in the small car park alongside the event HQ – it would be nice to reserve that little area for the organiser, timekeepers, marshals and the catering team. There is plenty of car parking just a little bit further away but there is no car parking near the start line and to attempt to park there will endanger competitors.

Please remember to sign on and look out for any updated safety information.

Please also remember to sign back in when you finish!

All competitors must, at all times, obey the rules of the road and the rules of our sport. Please don't take any unnecessary risks and make getting back home to your families your first priority and a fast time your second priority. Keep your head up and have a safe and speedy ride.

Please note that you will <u>NOT</u> be held up at the start.

RACE H.Q. – RESOLVEN AFC LIMITED SPORTS & SOCIAL CLUB, RESOLVEN, SA11 4LD

The headquarters will be open at 13.00hrs and race numbers will be available almost immediately.

You'll get to the event via the A465 and travelling up from the 'south' (Neath and the M4) you'll come to the Resolven roundabout and you then need to take the fourth exit (i.e. <u>almost</u> back on yourself). Coming down from the 'north' (Hirwaun) go straight on at the McDonalds roundabout and then at the Resolven roundabout take the second exit left (just before you continue down the dual-carriageway).

Getting to the start is a doddle. From the HQ just turn left at the 'T' junction and it's just a few hundred metres further down the service road leading to the industrial units. If you're having a recce beforehand the start is near Mollart Engineering.

Please take care when warming-up and avoid turning in the road. Competitors are not allowed to pass the start until they actually start the event so time your arrival to the start with care although you can safely keep warmed up whilst also staying behind the start.

### **AWARDS LIST**

FASTEST RIDER - £40

FASTEST LADY RIDER - £40

FASTEST VET ON STD - £40

2<sup>ND</sup> FASTEST RIDER - £30

2<sup>ND</sup> FASTEST LADY RIDER - £30

2<sup>ND</sup> VET ON STD - £30

3<sup>RD</sup> VET ON STD - £20

FASTEST ROAD BIKE - £20

FASTEST TEAM OF 3 RIDERS - £60.00

N.B. THIS EVENT IS <u>NOT</u> ONE RIDER ONE PRIZE. IF YOU'RE GOOD ENOUGH TO WIN IT, YOU WIN IT. SIMPLES.