Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations


## THE PORT TALBOT WHEELERS CYCLING CLUB

(FOUNDED 1926)
PRESENT

## THE PTW 10-MILE CYCLING TIME TRIAL


"The unofficial Veteran's World Championships"

Saturday, May $7^{\text {th }}, 2022$ starting at 14.17hrs on the R10/22A course

Headquarters - 'TRW' Sports Club (Resolven AFC), Resolven, SA11 4LD.

TIMEKEEPERS

NORMAN JAMES - OGMORE VALLEY WHS

TUDOR THOMAS - BYNEA CC

EVENT SECRETARY

ALF WILLIAMS
25 TAN-Y-GROES STREET
PORT TALBOT
SA13 1EL

07565186291

ORDER OF START

| No. | NAME | CLUB / TEAM | CAT | VET/STD | START |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 17 | SHIRLEY HOWELL | PORT TALBOT WHS | LV55 |  | 14:17 |
| 18 | DIANE HYNAM | BYNEA CC | LV70 |  | 14:18 |
| 19 | BETHAN OUSELEY | PEMBROKESHIRE VELO | LV45 |  | 14:19 |
| 20 | ROBERT JONES | ARMY CYCLING | V46 |  | 14:20 |
| 21 | EMMA DAVIES | PORT TALBOT WHS | LV53 |  | 14:21 |
| 22 | MATT LLOYD-LEWIS | VELOFLOW CC | V45 |  | 14:22 |
| 23 | KELLY EDWARDS | RHONDDA TRI CLUB | LV43 |  | 14:23 |
| 24 | NEIL GREGORY | PORT TALBOT WHS | V55 |  | 14:24 |
| 25 | GRAHAM ROGERSON | PORT TALBOT WHS | V52 |  | 14:25 |
| 26 | OSIAN GRIFFITH | ACME WHS (RHONDDA) CC | V45 |  | 14:26 |
| 27 | LES THOMAS | PORT TALBOT WHS | V60 |  | 14:27 |
| 28 | SAM ADAMSON | CARDIFF AJAX CC |  |  | 14:28 |
| 29 | JONATHAN WILLIAMS | TOWY RIDERS CYCLE CLUB | V52 |  | 14:29 |
| 30 | ROD HICKS | PORT TALBOT WHS | V57 |  | 14:30 |
| 31 | HUW LLOYD | BYNEA CC | V61 |  | 14:31 |
| 32 | ALAN TREMLETT | GUERNSEY VELO CLUB | V55 |  | 14:32 |
| 33 | JASMINE BOWYER | CARDIFF AJAX CC | L |  | 14:33 |
| 34 | SEB TREMLETT | GUERNSEY VELO CLUB | 27 |  | 14:34 |
| 35 | MIKE HALL | PORT TALBOT WHS | V53 |  | 14:35 |
| 36 | JASON COLE | PEMBROKESHIRE VELO |  |  | 14:36 |
| 37 | CHRIS WILLIAMS | CELTIC TRI |  |  | 14:37 |
| 38 | JOHN SHEHAN | PORT TALBOT WHS | V76 |  | 14:38 |
| 39 | STEPHEN LANDEG | OGMORE VALLEY WHS | V68 |  | 14:39 |
| 40 | PAUL HAYWARD | PONTYPOOL ROAD CC | V50 |  | 14:40 |
| 41 | ANDREW JENKINS | BYNEA CC | V57 |  | 14:41 |
| 42 | GARETH REES | CWMCARN PARAGON RC | V42 |  | 14:42 |
| 43 | ROBERT SMITH | HAVERFORDWEST HORNETS | V46 |  | 14:43 |
| 44 | STEPHAN WILCOX | PORT TALBOT WHS | V60 |  | 14:44 |
| 45 | JOSH HOWE | VELOFLOW CC | RB |  | 14:45 |
| 46 | MATT JONES | PORT TALBOT WHS |  |  | 14:46 |
| 47 | SIMON KINSEY | VIRTUAL CC | V52 |  | 14:47 |
| 48 | JOSHUA LEWIS | CWMCARN PARAGON RC |  |  | 14:48 |
| 49 | MIKE BROADBENT | PORT TALBOT WHS | V61 |  | 14:49 |
| 50 | GRAEME BOSWELL | CARDIFF AJAX CC | V47 |  | 14:50 |
| 51 | JEFFREY REES | VIRTUAL CC | V58 |  | 14:51 |
| 52 | JOHN WILLIAMS | BYNEA CC | V69 |  | 14:52 |
| 53 | DEREK DOWDESWELL | GLOUCESTER CITY CC | V67 |  | 14:53 |
| 54 | HUGH DAVIES | PORT TALBOT WHS | V76 |  | 14:54 |
| 55 | RHYS LLOYD | PORT TALBOT WHS | RB |  | 14:55 |
| 56 | STUART EVANS | PORT TALBOT WHS | V76 |  | 14:56 |
| 57 | DEAN PROSSER | HEREFORD \& DIST WHS | V52 |  | 14:57 |
| 58 | JOHN ASPELL | PORT TALBOT WHS | V53 |  | 14:58 |
| 59 | JAMES PHILLIPS | MILFORD TRITONS CC | V51 |  | 14:59 |
| 60 | CHRIS GIBBARD | BYNEA CC | V40 |  | 15:00 |

## R10/22A COURSE DESCRIPTION

START on the Vale of Neath Supplier Estate service road opposite Lamp Post No. 18. Proceed eastwards along the service road to the Resolven Roundabout ( 0.458 miles). (Safety Notice:- Do not cross the centre line of the road on the right hand bend). Take the $1^{\text {st }}$ exit left along A465 dual carriageway westbound to the 1st exit left ( 4.862 miles). Continue up the loop to the small Tonna Roundabout where take the 1st exit to the large Aberdulais Interchange. Take the $4^{\text {th }}$ exit ( 5.505 miles) to proceed down the slip road to re-join A465 dual carriageway. Proceed eastbound to the Resolven Roundabout where take $1^{\text {st }}$ exit left to FINISH at the access road to the Canal Car Park on the cross-valley link road ( 10.006 miles).

Start:- 282450 East 202250 North / Turn roundabout:- 277000 East 199000 North / Finish :- 282670 East 203100 North

## NOTES TO ALL COMPETITORS

Please do not park in the small car park alongside the event HQ - it would be nice to reserve that little area for the organiser, timekeepers, marshals and the catering team. There is plenty of car parking just a little bit further away but there is no car parking near the start line and to attempt to park there will endanger competitors.

Please remember to sign on and look out for any updated safety information.
Please also remember to sign back in when you finish!
All competitors must, at all times, obey the rules of the road and the rules of our sport. Please don't take any unnecessary risks and make getting back home to your families your first priority and a fast time your second priority. Keep your head up and have a safe and speedy ride.

Please note that you will NOT be held up at the start.

RACE H.Q. - RESOLVEN AFC LIMITED SPORTS \& SOCIAL CLUB, RESOLVEN, SA11 4LD
The headquarters will be open at 13.00 hrs and race numbers will be available almost immediately.
You'll get to the event via the A465 and travelling up from the 'south' (Neath and the M4) you'll come to the Resolven roundabout and you then need to take the fourth exit (i.e. almost back on yourself). Coming down from the 'north' (Hirwaun) go straight on at the McDonalds roundabout and then at the Resolven roundabout take the second exit left (just before you continue down the dual-carriageway).

Getting to the start is a doddle. From the HQ just turn left at the ' $T$ ' junction and it's just a few hundred metres further down the service road leading to the industrial units. If you're having a recce beforehand the start is near Mollart Engineering.

Please take care when warming-up and avoid turning in the road. Competitors are not allowed to pass the start until they actually start the event so time your arrival to the start with care although you can safely keep warmed up whilst also staying behind the start.

| AWARDS LIST |  |  |
| :---: | :---: | :---: |
| FASTEST RIDER - £40 | FASTEST LADY RIDER - $£ 40$ | FASTEST VET ON STD - £40 |
| $\mathbf{2}^{\text {ND }}$ FASTEST RIDER - $£ 30$ | $\mathbf{2}^{\text {ND }}$ FASTEST LADY RIDER - $£ 30$ | $\mathbf{2}^{\text {ND }}$ VET ON STD - $£ 30$ |
| $\mathbf{3}^{\text {RD }}$ FASTEST RIDER - $£ 20$ |  | $\mathbf{3}^{\text {RD }}$ VET ON STD - $£ 20$ |
| FASTEST ROAD BIKE - $£ 20$ | FASTEST TEAM OF 3 RIDERS - $£$ | 0.00 |

